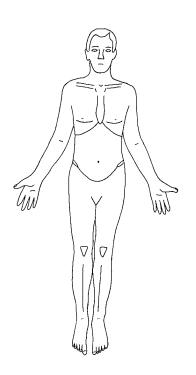
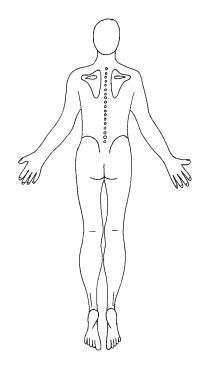
Medication	YES	NO	Please list ALL the medication you
Steroids			are taking
Anticoagulants			

Indicate on the pictures where you get your symptoms, for example pain, pins and needles, numbness





Please make sure you have filled in all parts of the form

Signature Date

ature ____

Please return this form to:
Appointments Officer, Physiotherapy Department,
Morriston Hospital, Heol Maes Eglwys, Morriston, Swansea, SA6 6NL
If your symptoms should change, please contact the physiotherapy department on
01792 703124 or see your GP

Physiotherapy Service Self Referral Form



This form should only be used for patients wishing to have physiotherapy for musculoskeletal problems (back/neck pain, joint pain, soft tissue injuries)

If you are under the age of 18, or wish to have treatment for a lung or breathing problem, a neurological problem or an obstetric/gynaecological problem, please see your Health Practitioner

This form will be used to determine how your referral is processed. Please ensure you:

• Use a <u>BLACK</u> Pen

Full Name

- Use BLOCK CAPITALS
- Complete <u>ALL</u> sections of the form
 Incomplete forms will be returned to you which will cause a delay in the management of
 your problem. Once received, the form will be reviewed and placed on a waiting list.

A -1 -1				
Address				
Post Code				
Date of Birth: / /	Your Contact Telephone Numbers	Can we leave a message?		
	Home	Yes / No		
GP Name	Work	Yes / No		
Practice	Mobile	Yes / No		
Please give a brief description of your symptoms, or why you wish to see a physiotherapist				
	ገ? _{Days} Weeks Months	Years		
		Years		
How long have you had this problem	ry, fall, long term problem etc)	Years		

What makes the pain WORSE? What makes the pain BETTER?	
What makes the pain WORSE?	SINCE THE ONSET OF THIS PROBLEM, do any of the following apply to you?
	If you have the symptoms please tick YES—If you do not have the symptoms please tick NO
	YES NO YES NO
Is it generally worse? Tick answer that applies most	Severe Pain at Night (Wakes you up) Double vision
	Does coughing change your symptoms Problems Swallowing
In the morning In the Afternoon In the evening At night No pattern	Do you have problems with speaking Does Sneezing change your symptoms
	Do you have problems with walking Tinnitus
Have you had treatment / physiotherapy for this condition in the past? Yes / No	Pins and Needles anywhere Nausea
(if YES, please give details)	Numbness Anywhere Facial Pain
	Dizziness
	If you have ticked <u>YES</u> to any of these symptoms, and you <u>HAVE NOT</u> seen a doctor for this symptom, please call Physio Direct (01792 487453) OR NHS Direct on (0845 45 46 47) DO NOT send in this form until you have sought further advice
Have you had any X-rays or other tests? Yes / No (if YES, please give details/ results)	Please tick box to confirm you have sought further advice if indicated
	SINCE THE ONSET OF THIS PROBLEM Do any of the following Statements apply?
Have you had this problem before? Yes / No (if YES, please give details)	
	Bladder Problems—a difficulty in passing water or feeling you cannot empty your bladder
If this is a problem with your joints:	Bowel problems—a loss of bowel control (soiling yourself)
Does your YES NO YES NO YES NO YES NO	Unexplained weight loss
Does your joint?	If you have ticked YES to any of these symptoms, and you HAVE NOT seen a doctor for this
Are you off work or unable to care for a dependant because of this problem? Yes / No	symptom, it is essential you arrange an URGENT appointment with your GP or call
(if yes, please give details)	NHS Direct on (0845 45 46 47) or attend your local A&E Department
	DO NOT SEND IN THIS FORM UNTIL YOU HAVE SOUGHT FURTHER ADVICE
	General Health YES NO YES NO YES NO
	Rheumatoid Arthritis History of Cancer Diabetes
	High Blood Pressure Thyroid Problems Heart Problems
Please indicate any activities you are unable to do because of this problem	Low Blood Pressure Major Surgery Pacemaker
	Lung / Breathing Problems Osteoporosis Epilepsy
	Fractures / Broken Bones Are you pregnant Allergies
	If you have an averaged VEC to any of the chave on have any other modical much
	If you have answered YES to any of the above or have any other medical prob-
What are your own atations from Dhysiathors 2	lems, please provide further details here:
What are your expectations from Physiotherapy?	